

# 35 years in Acupuncture and Chinese Medicine



## Workshop focus

Our aim for the workshop is to prompt, share and capture your stories of life and work as Chinese Medicine practitioners. What is it like for you being a CM practitioner in the UK today, and how has this developed/changed over the years since you set up in practice?

## Programme

9.00 - 10.15	Registration and catching up - <i>tea, coffee, croissants</i>
10.15 - 10.30	Welcome
10.30 - 12.15	Round table discussion - your practice
12.15 - 1.45	Buffet lunch in the cafeteria ( <i>vouchers provided</i> )
1.45 - 3.15	Round table discussion - the course
3.15 - 4.00	Break - <i>tea / coffee</i>
4.00 - 5.00	Round table discussion - the profession
5.00 - 5.30	Closing plenary
5.30 - 7.00	Drinks reception - <i>drinks &amp; light refreshment</i>

Participants will be allocated to different tables for the discussion sessions. Each table will have paper and pens etc. to make summary notes and for individuals to record stories and comments. The event will also be filmed.

Facilitators: Felicity Moir, Sibyl Coldham and Arnold Desser

## Discussions around practice

- What happened - what have been key moments and events?
- What do you think is unique to CM? What has it enabled you to do?
- What keeps you doing it? What are you passionate about?
- What are your frustrations?
- Who are your patients - and how has this changed (or not) over the years?
- How do you talk CM with patients? what do you explain and how/why?
- How has your understanding of CM changed - what were the triggers?
- Who are your community - how do you talk about CM with them?
- How do you relate to graduates from other colleges and/or therapies?

## Discussion around the course

- How did the teaching and learning match the demands of practice?
- What have you carried forward - and what have you abandoned?
- What was missing - what have you had to learn for yourself?
- What did you do next that brought you success?
- To what extent have you kept in touch with your cohort - how and why?